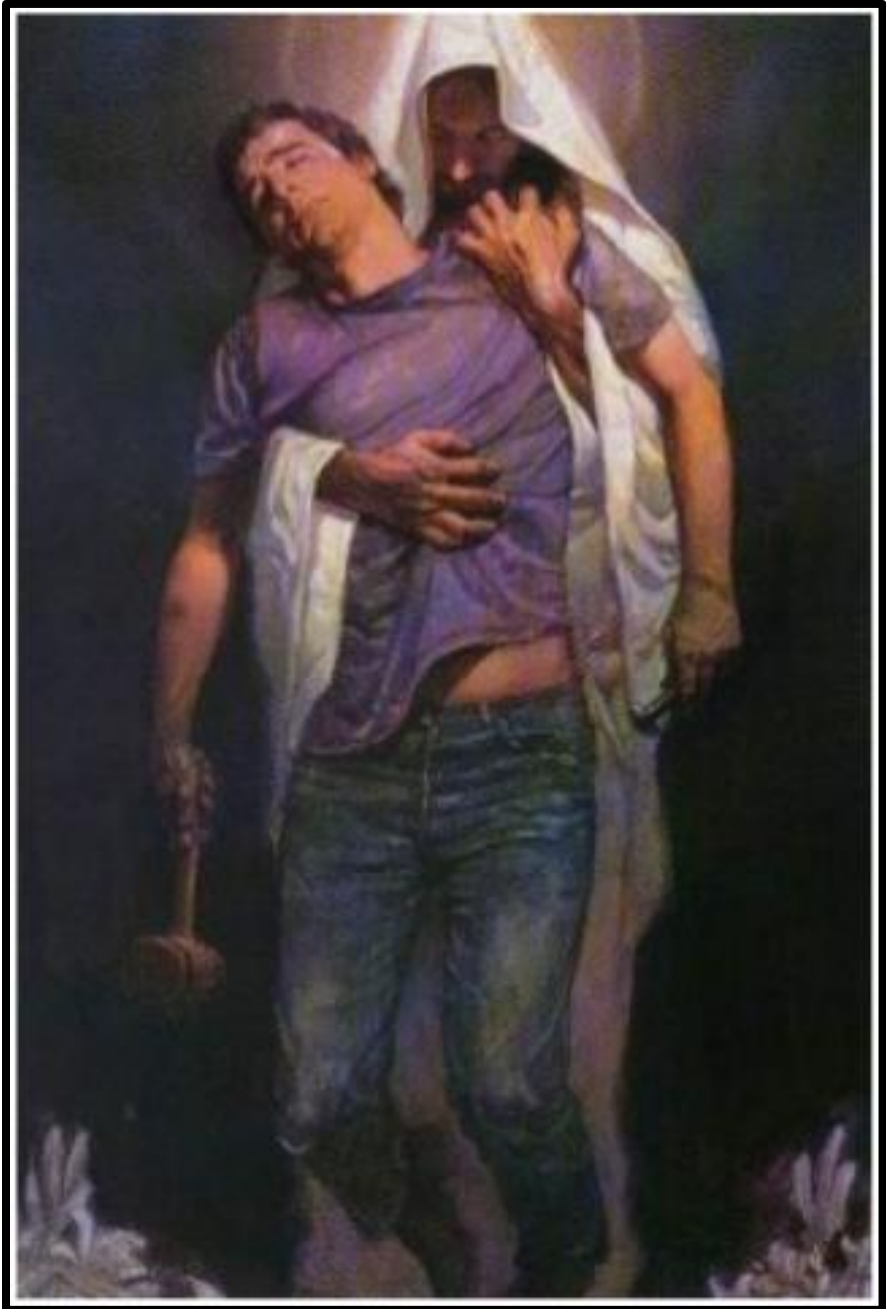


Prayer Book for Reconciliation



Prayer to the Holy Spirit (By St. Augustine):

Breathe in me, O Holy Spirit, that my thoughts may all be holy. Act in me, O Holy Spirit, that my work, too, may be holy. Draw my heart, O Holy Spirit, that I love but what is holy. Strengthen me, O Holy Spirit, to defend all that is holy. Guard me, then, O Holy Spirit, that I always may be holy. Amen.

Prayer of Surrender to Jesus Christ:

Dear Lord Jesus, it is my will to surrender to you today, everything that I am, and everything that I'm striving to be.

I open the deepest areas of my heart to you and invite your Holy Spirit to dwell inside of me. I offer you my life, my heart, my mind, my body, soul and spirit, with all my hopes, plans and dreams. I surrender to you my past, my present and my future.

I give you my health, my disabilities, physical appearance, home, family, marriage, children, sexuality & friendships. Jesus, I ask you to take Lordship over every aspect of my life.

I surrender to you my broken heart, with all my hurt, pain, worry, anxiety, and fear, and I ask you to wash me clean.

I release everything into your loving and compassionate care. Lord, please speak to my heart. Open my ears to hear your voice. Help me to confide in you more deeply. I desperately need to feel your loving embrace. Please Lord, shut the doors that need to be shut, and open the doors that need to be opened. Set my feet upon the straight & narrow road that leads to everlasting life. We ask this through Christ our Lord. Amen.

Act Of Contrition

O My God, I am heartily sorry for having offended you, and I detest all my sins, because of your just punishments, but most of all, because they offend you, my God, who are all good and deserving of all my love. I firmly resolve, with the help of your grace, to sin no more, and to avoid the near occasions of sin. Amen.

Prayer Of Abandonment: Father, I abandon myself into your hands; do with me what you will.

Whatever you may do, I thank you: I am ready for all, I accept all. Let only your will be done in me, and in all your creatures. I wish no more than this, O Lord. Into your hands I commend my soul; I offer it to you with all the love of my heart, for I love you, Lord, and so need to give myself, to surrender myself into your hands, without reserve, and with boundless confidence, for you are my Father. Amen.

Prayer of Repentance: (Psalm 51)

Have mercy on me, God, in accord with your merciful love; in your abundant compassion blot out my transgressions. Thoroughly wash away my guilt; and from my sin cleanse me. For I know my transgressions; my sin is always before me. Against you, you alone have I sinned; I have done what is evil in your eyes. So that you are just in your word, and without reproach in your judgment. Behold, I was born in guilt, in sin my mother conceived me. Behold, you desire true sincerity; and secretly you teach me wisdom.

Cleanse me with hyssop, that I may be pure; wash me, and I will be whiter than snow. You will let me hear gladness and joy; the bones you have crushed will rejoice. Turn away your face from my sins; blot out all my iniquities. A clean heart creates for me, God; renew within me a steadfast spirit. Do not drive me from before your face, nor take from me your holy spirit. Restore to me the gladness of your salvation; uphold me with a willing spirit. I will teach the wicked your ways, that sinners may return to you.

Rescue me from violent bloodshed, God, my saving God, and my tongue will sing joyfully of your justice. Lord, you will open my lips; and my mouth will proclaim your praise. For you do not desire sacrifice* or I would give it; a burnt offering you would not accept. My sacrifice, O God, is a contrite spirit; a contrite, humbled heart, O God, you will not scorn. Treat [me] kindly according to your good will; build up the walls of Jerusalem. Then you will desire the

sacrifices of the just, burnt offering and whole offerings; then they will offer up young bulls on your altar.

Prayer to Jesus for Forgiveness

“Blessed Jesus, for too long I have kept you out of my life. Lord, I know that I am a sinner and that I cannot save myself. Jesus Christ, no longer will I shut the door when I hear you knocking. By faith I thankfully receive your gift of salvation. I am ready to accept you as my Lord and Savior. Thank you, Lord Jesus, for coming down to earth. I know you are the Son of God who died on the cross for my sins and rose from the dead on the third day. Lord, thank you for carrying my sins and giving me the gift of eternal life. I believe your words are true. Come into my heart, Lord Jesus, and be my Savior. Amen.”

Prayer for Forgiveness Loving God, I come before You knowing that I have sinned against You in so many different ways.

In what I have said and done as well as in the bad thoughts that flow through my mind. Father, I know that I am a sinner and as such I was the reason for the Lord Jesus being crucified on the cruel cross to take the punishment that I fairly deserve to pay the price for. Father, I know that I am not worthy to come before You, but I ask for Your forgiveness of all my sins, for the sake of Your Son, Jesus Christ. Who died for me at Calvary.

Lord, wash me I pray in the purifying blood of Jesus. Cleanse me of all my sins. Fill my heart with righteous thoughts and clean desires, for I no longer want to remain in the drench of sin that has for so long separated me from You. Thank You Father that You have promised that all who trust in the Lord Jesus Christ as Savior will have their sins pardoned forever. Praise You Lord for Your grace and mercy on me a sinner saved by grace, in Jesus Name I pray. Amen.”

Prayer for Forgiveness of Others

“Loving Father, I am upset. I am hurt. This person/people [**SAY NAME(S)**] did this thing to me, and I cannot understand why. I feel so betrayed, and I know you command that I should forgive them, but I don’t know how. Father, I just don’t know how to get past these emotions. How do You do it? How do You constantly forgive us when we mess up and hurt You? Lord, I ask that you give me the power to forgive. Heavenly Father, I ask that you put in my heart a spirit of forgiveness. Lord, I know this person said they were sorry. They understand what they did was wrong. I may never forget what they did, and I’m sure our relationship will never be the same again, but I don’t want to live with this burden of anger and hatred anymore. Father, I want to forgive. Please, Lord, help my heart and mind accept it. In your Name. Amen.”

Prayer for Forgiveness and Guidance

“Heavenly Father, please forgive me for sinning, please pardon me for my sins, looks like I only call on you when something bad is going on. God, please forgive me for that. Father, also forgive my sins, guide me, help me to do better. Lord, help me stay grounded when I am wrong for paying for outside help? If so give me the strength not to do so again. Father, show me what to do for you and for my family. Thank you for your deliverance when I am going back please forgive me.

God, at first I was very scared but now I understand more, please continue to help my faith grow stronger and give me the faith to accept my calling. Please reveal to me if my next project is going to help , I need to know what I am supposed to be doing. Lord, bless me with that feeling of anointing and the hands to anoint others. Thank you God, thank you Jesus, for You are the alpha an omega the beginning an the end. End this addiction that poisons my temple, help my

dreams come true. Father, bless us with more blessings thank you god! Amen.”

Prayer for Mercy and Forgiveness

“Blessed LORD God, so very much has failed in my life, in so many different and overwhelming ways in the past two years, that I am certain I am under your Wrath. Your wrath is just and fair, but Father, I beg you for your great mercy through the precious blood of Jesus Christ. Father, please return me to your favor, your mercy, your blessing, your cover and your opportune care. Lord, please protect me and please shield my loved ones from all harm and trouble. Help us financially for they and I are in very dire straits. God, protect my mom and dad and save and convert them. Father, protect my siblings and save and convert them. Loving Father, please save all my relatives, friends and acquaintances and their families and friends too. Almighty please heal me LORD.

Do not break me without healing even though you have every cause to do just that. Please grant me a wise, honest, righteous and courageous Heart. Please help, Lord, please help. In the holy name of Christ Jesus, Amen.”

Prayer for Chastity (St. Thomas Aquinas)

Dearest Jesus! I know well that every perfect gift, and above all others that of chastity, depends upon the most powerful assistance of Your Providence, and that without You a creature can do nothing. Therefore, I pray You to defend, with Your grace, chastity, and purity in my soul as well as in my body. And if I have ever received through my senses any impression that could stain my chastity and purity, may You, who are the Supreme Lord of all my powers, take it from me, that I may with an immaculate heart advance in Your love and service, offering myself chaste all the days of my life on the most pure altar of Your Divinity. Amen.

Prayer Of St. Francis: Lord, make me an instrument of Your peace. Where there is hatred, let me sow love; where there is injury, pardon; where there is doubt, faith; where there is despair, hope; where there is darkness, light; and where there is sadness, joy. O Divine Master, grant that I may not so much seek to be consoled as to console; to be understood as to understand; to be loved as to love; for it is in giving that we receive; it is in pardoning that we are pardoned; and it is in dying that we are born to eternal life. Amen

The Memorare:

REMEMBER, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession was left unaided. Inspired with this confidence, I fly to thee, O Virgin of virgins, my Mother; to thee do I come; before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

Prayer To St. Michael:

Saint Michael, the Archangel, defend us in battle, be our defense against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do thou O Prince of the heavenly host, by the power of God, thrust into Hell Satan and the other evil spirits who prowl about the world for the ruin of souls. Amen.

The Serenity Prayer

God grant me the serenity to accept the things I cannot change; Courage to change the things I can; And wisdom to know the difference. Living one day at a time; Enjoying one moment at a time; Accepting hardships as the pathway to peace; Taking, as He did, this sinful world as it is, not as I would have it; Trusting that He will make things right if I surrender to His Will; So that I may be reasonably happy in this life and supremely happy with Him forever and ever in the next. Amen.

Anima Christi Prayer:

Soul of Christ, sanctify me; Body of Christ, save me; Water from the side of Christ, wash me; Passion of Christ, strengthen me; Good Jesus, hear me; Within the wounds, shelter me; From turning away, keep me; From the evil one, protect me; At the hour of my death, call me; Into your presence lead me; to praise you with all your saints, forever and ever. Amen

Litany of Trust

From the belief that I have to earn Your love ...

Deliver me, Jesus.

From the fear that I am unlovable ...

Deliver me, Jesus.

From the false security that I have what it takes ...

Deliver me, Jesus.

From the fear that trusting You will leave me more destitute ... Deliver me, Jesus.

From all suspicion of Your words and promises ...

Deliver me, Jesus.

From the rebellion against childlike dependency on You ... Deliver me, Jesus.

From refusals and reluctances in accepting Your will ...

Deliver me, Jesus.

From anxiety about the future ... Deliver me, Jesus.

From resentment or excessive preoccupation with the past ... Deliver me, Jesus.

From restless self-seeking in the present moment ...

Deliver me, Jesus.

From disbelief in Your love and presence ...

Deliver me, Jesus.

From the fear of being asked to give more than I have ...

Deliver me, Jesus.

From the belief that my life has no meaning or worth ...
Deliver me, Jesus.

From the fear of what love demands ... Deliver me, Jesus.

From discouragement ... Deliver me, Jesus.

That You are continually holding me, sustaining me,
loving me ... Jesus, I trust in you.

That Your love goes deeper than my sins and failings, and
transforms me ..Jesus, I trust in you.

That not knowing what tomorrow brings is an invitation to
lean on You ... Jesus, I trust in you.

That You are with me in my suffering ...
Jesus, I trust in you.

That my suffering, united to Your own, will bear fruit in
this life and the next ..Jesus, I trust in you.

That You will not leave me orphan, that You are present
in Your Church...Jesus, I trust in you.

That Your plan is better than anything else ... Jesus, I trust
in you.

That You always hear me, and in Your goodness always
respond to me ..Jesus, I trust in you.

That You give me the grace to accept forgiveness and to
forgive others ...Jesus, I trust in you.

That You give me all the strength I need for what is asked
..Jesus, I trust in you.

That my life is a gift ... Jesus, I trust in you.

That You will teach me to trust You ...
Jesus, I trust in you.

That You are my Lord and my God ...
Jesus, I trust in you.

That I am Your beloved one ...
Jesus, I trust in you. Amen.

Self Deliverance Prayer

“Spirit of our God, Father, Son and Holy Spirit, Most Holy Trinity, come down upon me. Please cleanse me, mold me, fill me with your spirit, and use me. Remove all the forces of evil from me; destroy them, annihilate them so that I can be healthy and do good deeds.

Father, take from me all curses, spells, hexes, witchcraft, black magic, demonic interactions, malfeasance, and the evil eye. All demonic infestations, oppressions, possessions. Also, all that is evil and sinful. Banish jealousy, treachery, envy; all physical, psychological, moral, spiritual and diabolical affliction. Father, take as well, all tempting spirits, deaf, dumb, blind, mute and sleeping spirits. As well as new-age spirits, occult spirits, religious spirits, antichrist spirits, and any other spirits of death and darkness.

Lord, I command and bid all the powers who molest me. By the power of the Almighty God, by the power of Jesus Christ my Savior. To leave me forever, and to be dispatched into the eternal lake of fire, that they may never again touch me or any other creature in the entire world. Amen.”

Prayer for Repentance and Deliverance

“Heavenly Father, I ask that you do not remember the sins of my youth, or my transgressions. Lord, please remember me according to Your mercy and for Your goodness’ sake, Dear God. Lord, I turn away from all of those trespasses that I committed and I pray for Your help in cleaning the memory and thoughts of those sins entirely from my mind. Please return me to faithful obedience to Your Word, and fill me with Your Holy Spirit afresh, so that I may follow Your commands all the days of my life. (Based on Psalm 25:7)

“Loving Jesus, I invite you into my heart afresh today, and I beg for forgiveness for all of my sins. Lord Jesus, thank you for dying for my sins and for forgiving me of them by shedding your blood for me on the cross. Please remove all the sinful “old things” in my heart that harm me, especially (Fill in the Blank) and replace them with the “good things” that you wish to grow into to my life. Father, please cleanse all the sinful sludge and tendencies toward evil. Lord, replace them with a hunger and thirst for your righteousness. I need your assistance, Lord God, in living this new life in Christ. Please send your Holy Spirit anew into my life to help me, heal me, lead me and change me. In Jesus Christ I pray, Amen.” (Mark 7:21-23 & 2 Corinthians 5:17)

Prayer for Inner Healing and Deliverance

Loving Jesus, You came to mend our wounded and troubled hearts. Lord, I beg of You to heal the torments that cause worry in my heart. God, I pray, to You, in a particular way, to heal all who are the triggers of sin.

I ask You to intervene in my life and heal me of the psychological wounds that struck me in my early years and form the injuries that they caused throughout my life.

Christ Jesus, You understand my burdens. I put them all on Your Good Shepherd’s Hands. I beg You by the power of the great, open wound in Your heart to heal the tiny wounds that are in mine. Lord, heal the pain of my memories, so that nothing that has occurred in my life will cause me to remain in pain and anguish, filled with worry.

Father, heal all those wounds that have been the root of all the evil that is rooted in my life. I want to forgive all those who have wronged me. Look to those inner wounds that make me unable to forgive. You Who came to forgive the troubled of heart, please, heal my own heart.

Loving Lord Jesus, heal those personal wounds that cause me physical illness. I give You my heart. Accept it, Lord,

purify it and give me the feeling of Your Divine Heart. Help me to be meek and humble.

Heal me, Almighty Lord, from the hurt caused by the death of my loved ones, which is affecting me. Allow me to regain peace and joy in the knowledge that You are the Resurrection and the Life. Make me a legitimate witness to Your Resurrection, Your victory over sin and death, Your living presence among us. Amen.”

Blood of Jesus Prayer and Deliverance

“Loving God, I come before You in Jesus’ name. Father God, thank You that Your Word says I should prosper and be in health, even as my soul prospers.

Thank You that Your Word says I am healed by the stripes of Jesus, and that You sent Your Word, Jesus, and healed my disease. So Father God, because of the blood Jesus shed on Calvary—that same blood that made a way for me to approach You and receive forgiveness for all of my sins—and because of the terrible, bloody scourging Jesus endured to purchase my healing...

I ask right now that You would heal my body. Let Your healing power course through my veins right now, and heal me from the top of my head to the soles of my feet.

Lord Jesus, because You paid the price with Your blood and body for me to be healed right now, please make my body come into alignment with the perfect healing You paid for me to have. Let my brain think right in every area. Let my organs function perfectly. Lord, let my blood be full of the right things and free from the wrong things. Remove every invading germ, virus, bacteria, malfunction, and malignant cell from my body, and restore any damage done to my body by past sicknesses.

Thank You, Father. Thank You that these things are done for me by the blood of Jesus. I receive Your healing right now, and I give You all the praise. In Jesus’ name. Amen.

Prayer for Family Deliverance

“All powerful God in Heaven, I come before you as a broken person in need of your healing touch today. Lord, I would ask that you lead my steps and protect me along the journey. Father, it feels like I am being attacked from every angle and feel as if I am being crushed. I ask that You go before me, deal with my enemies and protect both me and my family. I trust that You are capable and willing to do so and I rest in the wing of Your protection. In the name of Jesus Christ I pray, AMEN.”

Deliverance Prayer for my Child

“Heavenly Father, in the Name of Jesus Christ, I come to you praying for my child [full name] to be free from all generational sins, iniquities, and their results, which may have an influence upon my child. Lord, I thank you for saving me and cleansing me of my sin. I confess that I belong to you, and I dedicate my child [give full name] to you. I now confess and repent of all my sins, known and unknown. God, I now confess the sins of my forefathers.

In the name and through the blood of the Lord Jesus Christ, I now renounce and ask you to break the power of all generational sins, iniquities, and curses that were passed down to me by the sins or actions of others. I now renounce and ask you to break and loose me and my family from all demonic subjection that would seek to influence or control me or my family in any way contrary to the Word or will of God. Father, I claim release and freedom through the blood of the Lord Jesus Christ. I pray that my son/daughter would fear you, and that from now on righteousness would be the heritage of my family, of my children, and of our future generations.

Lord, I pray that [give full name] will receive you as his/her Savior at an early age. Place within his/her heart a desire to follow you all the days of his/her life. Keep him/her pure and willing to wait until you reveal your life partner for

him/her in your perfect will. If it is your will for him/her to be married, I ask that you would set apart for yourself a life partner for him/her and that he/she would keep himself/herself pure. Amen.”

